



Post Op Instructions for LASIK

After about 30 minutes the anesthetic drops used in your laser procedure will begin to wear off and some discomfort may begin. It is normal to have the following symptoms:

- *Watering eyes and nose*
- *Light sensitivity*
- *Redness and swelling of the eye*
- *A foreign body sensation or the feeling that something is in your eye*
- *Blurry vision*

- It is rarely necessary that you will need to take medication for these symptoms, but should you need it, Tylenol or any non-aspirin analgesic can be taken.
- Wear your eye shields at least 4 hours the first day and then whenever you sleep for the next 4-7 days.
- The sunglasses provided are helpful in soothing the discomfort from bright light.
- Do not drive until after your 1 day post-op visit and the doctor has given you permission to do so.
- You may shower and bathe in a tub, but avoid getting any water or soap in the operated eye(s).
- Try to rest and sleep immediately following your procedure. We recommend going home and relaxing for the duration of the day. Your eyes will feel most comfortable in the closed position.
- Do not wear eye makeup for 5 days. After this time, use extra care when applying eye makeup for 10 days. It is recommended that you buy new mascara and eyeliner.
- Avoid all snow skiing, snowboarding and water sports and activities such as swimming and hot tubs for at least 2 weeks. The doctor will advise you on this.
- Avoid rubbing your eyes for 2 months.

CALL IMMEDIATELY: if you experience severe pain, any rapid change in your vision, or have discharge from either treated eye.

1325 W. South Jordan Parkway, Ste. 103
South Jordan, UT 84095
801-253-3080

Please bring all drops to your follow up visits.



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Instill one drop in each operated eye. Wait a few minutes between drops, lightly close eyes after using each drop.

DRUG	INSTRUCTIONS
Polytrim (antibiotic)	4 times daily for 10 days
Durezol (anti-inflammatory)	3 times daily for 7 days
Preservative Free Vials (Artificial tear drops)	Every 30 minutes while awake for the first day post-op, then every hour while awake for days 2 through 7 post-op. Use at least 4 times per day for 3 months. The more the better!

(INDIVIDUAL VIALS ONLY. NO BOTTLES!)

