



Cataract Post-op Instructions

- After surgery a shield will be placed over your eye. Don't remove your shield unless you are putting in your drops. To instill your eye drops remove the tape from your skin on the bottom of the shield and tilt it upwards. Replace the shield when done.
- Follow your eye drop schedule as directed.
- Take it easy the rest of the day following your surgery, do not bathe or shower.
- For the first week after your surgery refrain from strenuous activity, lifting anything over 5 pounds, or bending at the waist.
- Be careful not to be in a dusty or dirty environment for one week following your surgery.
- Do not wear makeup until Dr. Davis approves.
- Mild pain, redness, and blurry vision can be common after surgery. If any sudden loss of vision and severe pain contact us immediately.
- It may take up to 3 months after surgery for your vision to improve and stabilize.
- **Please bring all of your eye drops to all of your postoperative appointments.**

- If you have any questions, please call our office at (801) 253-3080.